



We make your life healthier.

FOOD & GROCERY



About Us

Welcome to SKE Import Export, your trusted source for premium foods and groceries. As a leading import-export enterprise, we are dedicated to bringing you the finest selection of wholesome, sustainably sourced products from around the world. Our commitment to quality ensures that every item on our shelves is not only delicious but also environmentally conscious.

At SKE Import Export, we believe in promoting a healthier lifestyle by providing access to a diverse range of options. Join us on a journey towards wellness and sustainability, and let our carefully curated selection of delights nourish your body and soul. Experience the difference with SKE Import Export, where every bite is a step towards a greener, healthier future.

Our vision is to provide fresh that helps you bring a healthier life.



Vegetables



Green vegetables



Fresh fruits

We makes everything better



Fresh vegetables



Fresh fruits



Good for health



Improve your skin



Improve mental health



Good for heart

Our Products



Red Onion

Fiery Affirmations

These opinions are passionately held beliefs that are unwavering and fervently expressed. They often come with strong emotional conviction and can be seen as the core principles guiding someone's worldview.

Energetic Preferences

These opinions are expressed with energy and enthusiasm but are not necessarily deeply held beliefs.



Rose Onion

Petal Pundit

Experts in dissecting the nuances of each individual viewpoint. Petal Pundits specialize in understanding the delicate layers of opinions, ensuring a comprehensive analysis that considers every perspective.

Garden Pollinator

Facilitators of idea cross-pollination. Garden Pollinators actively promote the exchange of ideas and opinions, encouraging a dynamic and diverse intellectual ecosystem.



Podisu Onion

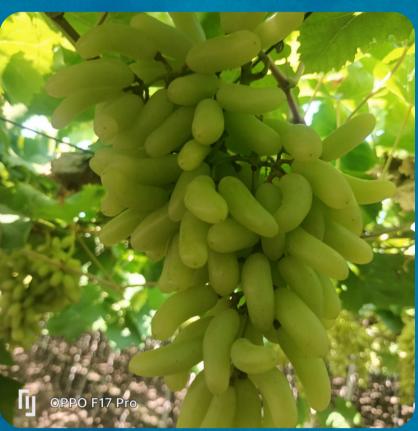
Layered Insight Analyst

Experts in peeling back the layers of information and gaining deep insights. Layered Insight Analysts specialize in thorough analysis, uncovering hidden details within complex topics.

Sweet Harmony Maven

Specialists in finding sweetness and harmony in every discussion. Sweet Harmony Mavens focus on promoting positivity, cooperation, and mutual understanding among diverse opinions.





Grapes

Appearance

Grapes come in a variety of colors, including red, green, black, and purple.

Size

The size of grapes can vary, but they are generally small to medium-sized berries, with diameters ranging from about 1/2 inch to 1 inch (1.3 to 2.5 cm).

Texture

The texture of grapes is typically firm and crisp, and the inner flesh is succulent and juicy.

Seasonal Availability

Grapes are typically harvested in late summer or early fall, depending on the region and variety.



Ginger

Appearance

Ginger has a knobby, irregular-shaped rhizome with a tan or light brown skin.

Size

Ginger roots vary in size, but they are generally elongated and can range from a few inches to several inches in length.

Texture

The flesh of ginger can be fibrous and juicy. Young ginger tends to be more tender, while older ginger can have a firmer, stringier texture.

Cultivation

Ginger is a tropical plant that thrives in warm and humid conditions.



Flour

Grains

Flour is commonly produced from grains such as wheat, barley, rye, oats, and corn.

Non-grain Flours

Other sources include non-grain flours like rice flour, almond flour, coconut flour, and chickpea flour, catering to specific dietary needs or preferences.

Milling Process

Flour is produced through a milling process where the chosen grains or seeds are ground into a fine powder. The process may involve removing the outer husk or bran, leaving the endosperm as the primary component.



Pomegranate

Exterior Appearance

Pomegranates are round to slightly hexagonal fruits with a diameter similar to that of an apple. The shape is often slightly irregular

Flavor Profile

Pomegranates have a unique flavor characterized by a balance of sweetness and tartness.

Nutrient Content

Pomegranates are rich in nutrients, including vitamin C, potassium, and fiber. They are also packed with antioxidants, such as punicalagins



Bulb Structure

Garlic is characterized by a bulb, which is composed of multiple individual cloves encased in a papery, white-to-purple skin.

Aromatic Flavor

Garlic has a strong, pungent aroma and a robust, savory flavor. When cooked, it adds depth and complexity to dishes, enhancing their overall tast

Culinary Versatility

Widely used in global cuisines, garlic is a versatile ingredient. It can be sautéed, roasted, minced, or used raw, providing different intensities of flavor depending on the preparation method.

Fresh Vegetables









Purple Carrot



Green Chilli



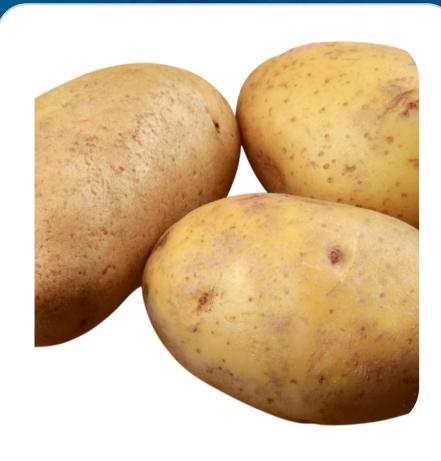
Okra



Bitter Gourd



Ttomato



Potato



Brinjal



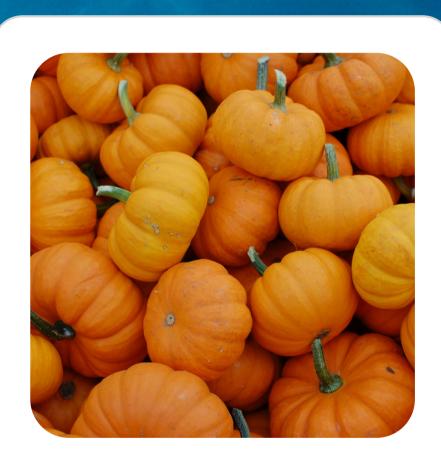
Curry Leaves



Coriander Leaves



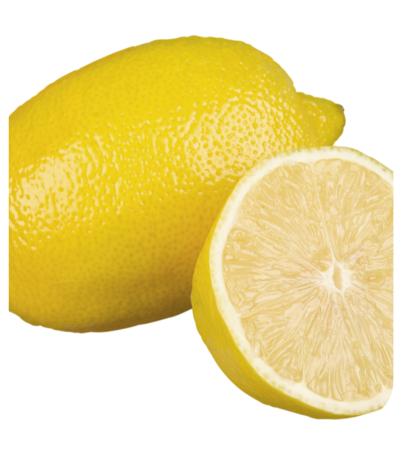
Lady Finger



Pumpkin



Green Beans



Lemon





Green Capsicum

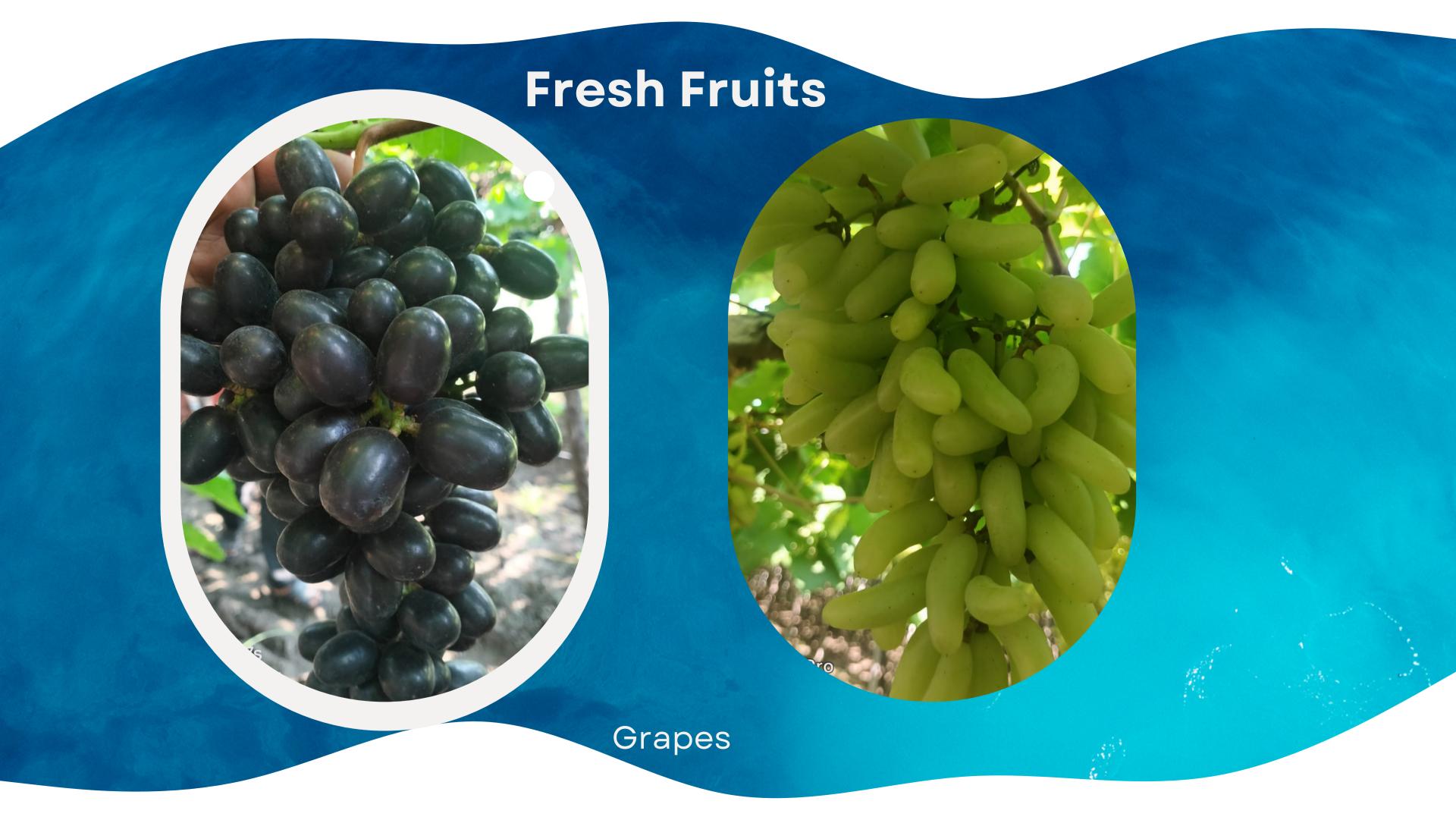


Yellow Capsicum

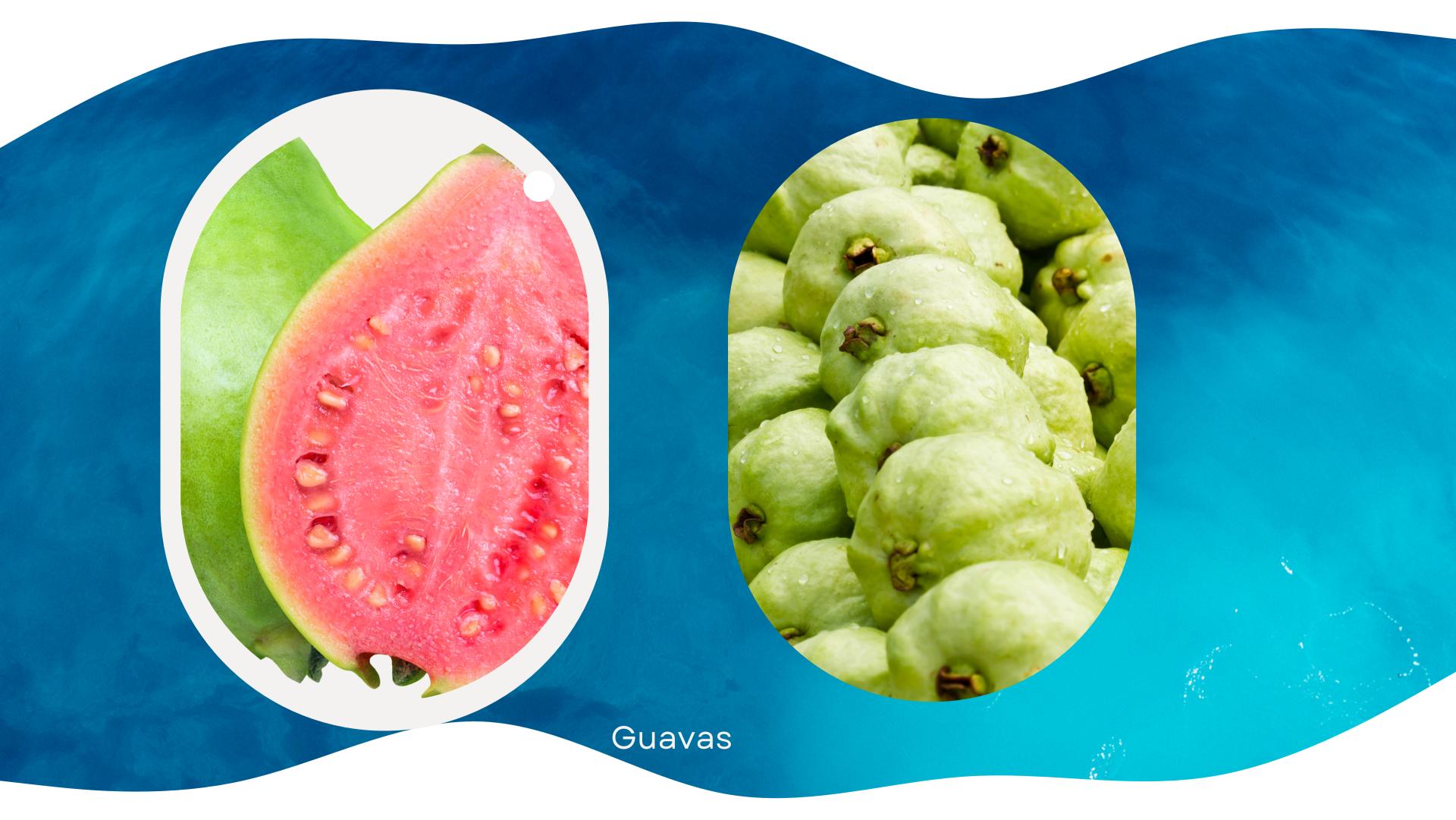


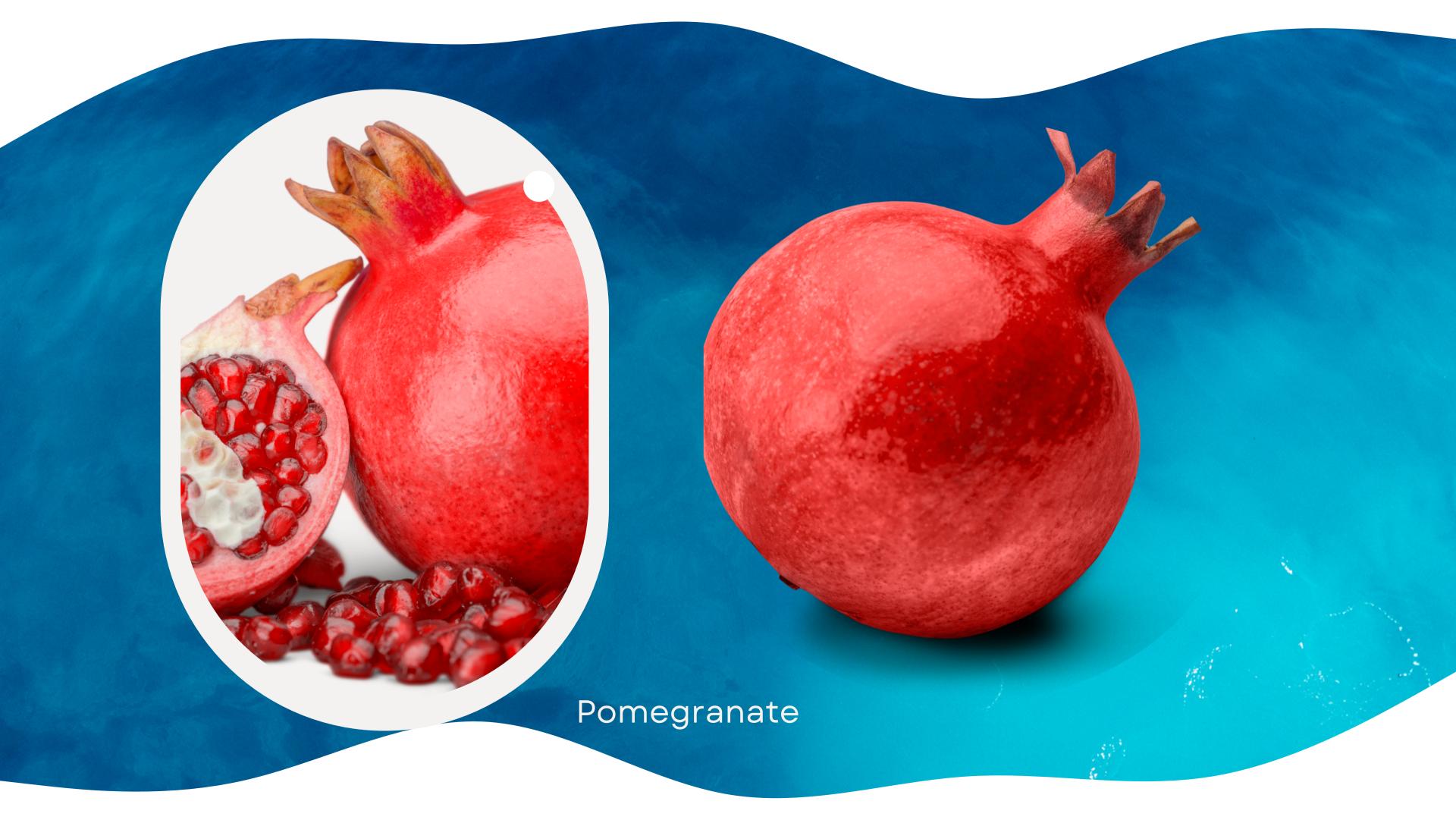


Sweet Lime

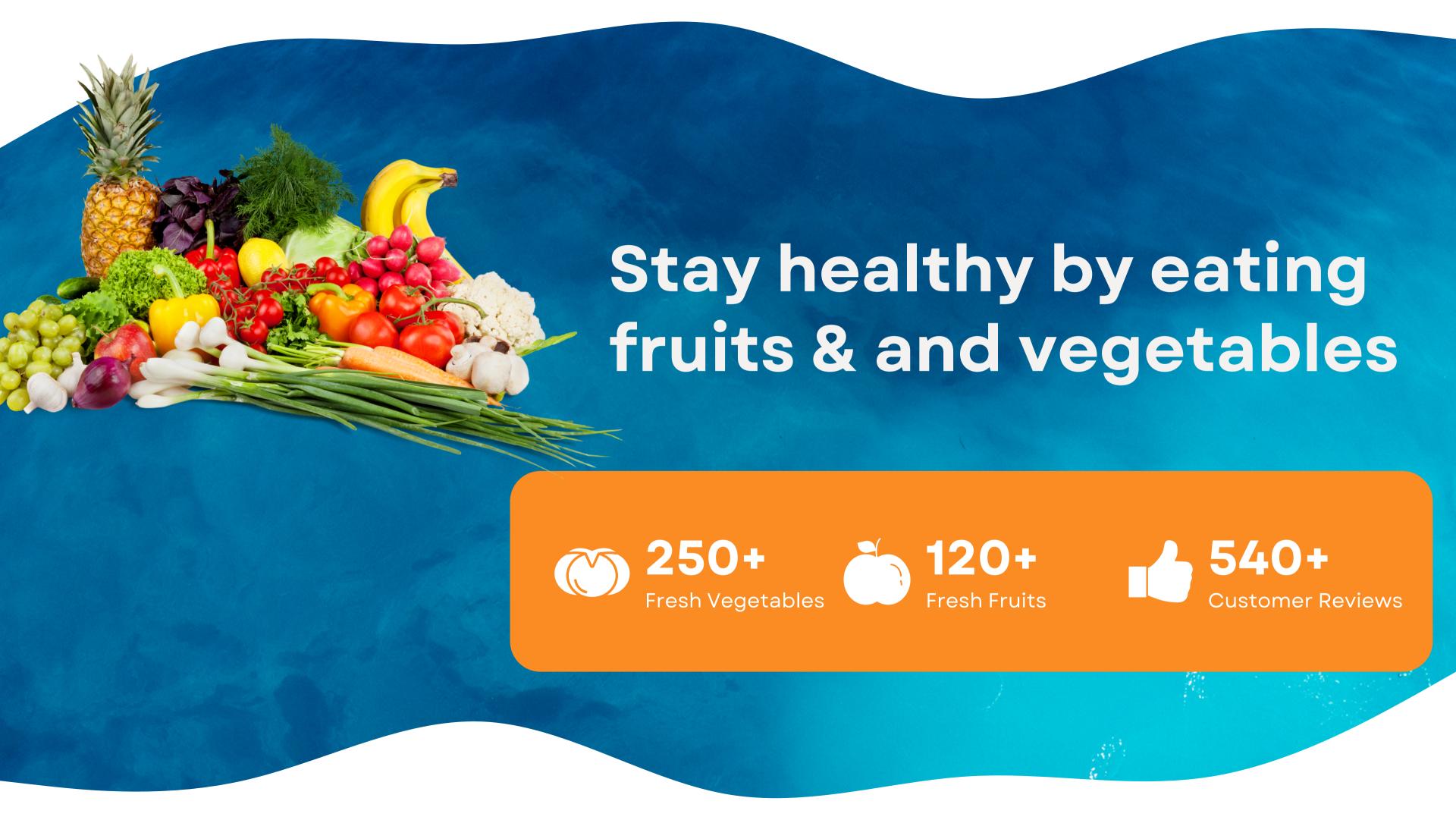












Feel good stories from our customers



Mahesh Patel

Natural products that I was expecting. Thank you SKE.





Paresh Shah

I really loved your services as well as vegetables that are really natural..



Meena Bhatt

Excellent. I have been purchasing your products for 2+ Years because I feel really healthy products



Tanisha Parmar

Thank you SKE for providing healthy & and natural products.

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Store Gallery















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